

Author & Guest Expert

Tia Levings

Context for news stories about the Trad wife movement and high-control religion influencing our culture & politics today



TIA LIVED IT – AND LEFT IT

Bio & Headshot

Tia Levings is the New York Times Bestselling author of *A Well-Trained Wife*, her memoir of escape from Christian Patriarchy. She writes about the realities of Christian fundamentalism, evangelical patriarchy, and religious trauma. Her work has appeared in *Teen Vogue*, *Salon*, the *Huffington Post*, and *Newsweek*. She also appeared in the hit Amazon docu-series, *Shiny Happy People*. Based in North Carolina, she is mom to four incredible adults and likes to travel, hike, paint, and daydream. Find her on social media @TiaLevingsWriter. Her second book, *The Soul of Healing*, releases with St. Martin's Essentials in 2026.

MEMOIR

A Well-Trained Wife: My Escape from Christian Patriarchy St. Martin's Press, 2024. NYT Bestseller

AMAZON DOCUMENTARY

Her story is featured in the 2023 docuseries *Shiny, Happy, People* on Bill Gothard's IBLP

SOCIAL MEDIA PLATFORM

Tia's thought leadership is followed by over 200k across Instagram, TikTok, Facebook & email

REPRESENTATION

Tia is represented by Trinity McFadden of The Bindery Agency and Macmillan Speakers.

📍 based in North Carolina

INVITE TIA

Tia is a Guest Expert on what it's like to live in Christian Fundamentalism, and why high control religion is trying to run our country the way they run their homes. She's available to contribute to your:

- Podcasts
- News segments
- Thought pieces and interviews
- Film and book projects

To get more on the realities behind the scenes in Christian Fundamentalism, grab her free FUNDIE CHEATSHEET

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