



Author & Guest Expert

Tia Levings

Offers context to news stories about the high-control religion influencing our culture & politics today



TIA LIVED IT – AND LEFT IT

Bio & Headshot

Tia Levings grew up in a Southern Baptist megachurch, was recruited into fundamentalism by mentors following Bill Gothard's IBLP (Institute of Basic Life Principles), and eventually landed in a high control group (cult) that taught Federalist Marriage: **the idea that husbands are responsible for their wives before God, and so are accountable to lead and discipline them as children.** She was excommunicated and formally shunned in 2007 and narrowly escaped that violent marriage with her 4 children later that year. She started trauma therapy for CPTSD in 2008. Today she's an author & advocate who supports survivors of religious trauma and educates on the abuses in Christian Fundamentalism. Tia believes that **how the fundamentalists run their homes is how they want run the country** —and that's why it's vital to understand what it's really like to live that way.

MEMOIR

A Well-Trained Wife: My Escape from Christian Patriarchy releases with St. Martin's Press, August 2024

AMAZON DOCUMENTARY

Her story is featured in the 2023 docuseries *Shiny, Happy, People* on Bill Gothard's IBLP

SOCIAL MEDIA PLATFORM

Tia's thought leadership is followed by over 100k across Instagram, TikTok, Facebook & email

REPRESENTATION

Tia is represented by Trinity McFadden of The Bindery Agency
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📍 based in Jacksonville, FL

INVITE TIA

Tia is a Guest Expert on what it's like to live in Christian Fundamentalism, and why high control religion is trying to run our country the way they run their homes. She's available to contribute to your:

- Podcasts
- News segments
- Thought pieces and interviews
- Film and book projects

To get more on the realities behind the scenes in Christian Fundamentalism, grab her free [FUNDIE CHEATSHEET](#)

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